

Innovations in Indigenous Health & COVID-19

Network Environments for Indigenous Health Research

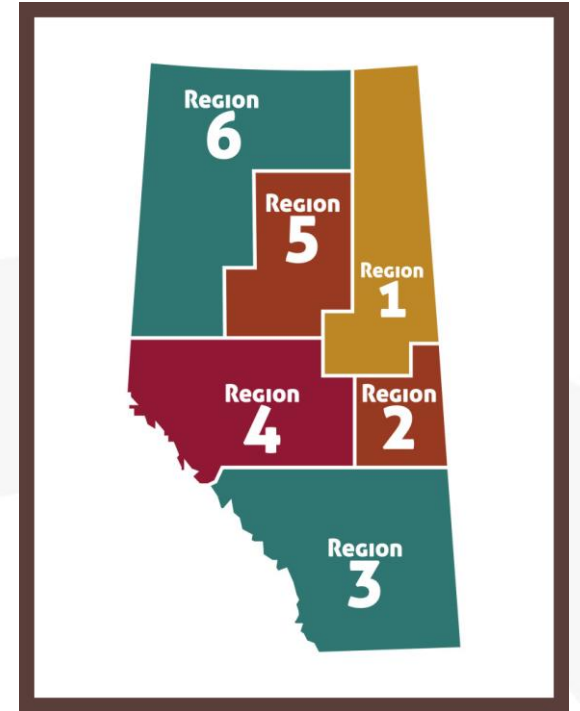
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Background

- Governance body for Métis Albertans
- 44,000+ citizens
- Health research, projects, programs
 - Rooted in strengths, culture & evidence
 - Community based & owned
 - Responsive, collaborative, inclusive, equitable





Métis Primary Health

- Physical, mental, emotional, social and spiritual well-being.
- Health is enhanced by **relationships**, **connection to land**, **cultural** and **social** activities, eating healthy, positive mindset.
- Health is diminished by racism, low income, environmental conditions, lack of services, loss of traditional knowledge.



Innovations: Métis Health & COVID-19

- Regional responses – defined locally
- Youth driven programming
- Online programming – community and culture
- Communications – coming from a place of trust



What's next

- Challenges (jurisdiction, funding, and data)
- Opportunities (evaluating response, inclusive recovery planning, build on strengths and existing programs)



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