

HEALTH

RECONCILIATION

Indigenous Primary Health  
Care and Policy Research



oops!



TRUTH

RECONCILIATION

Zapiro.com

We need to say that ...

Achieving health reconciliation

Will free our humanity

.....to cross the precipice

The same systems, rules, organizations,  
laws, inertia

Have dehumanized all of us

Think of your own Nationality and your  
cultural knowledge and your capacity to  
speak the language of your ancestors

**What comes up?**

# THE Cultural Responsiveness Framework

2008 Memorandum of Understanding  
FSIN, Health Canada, Ministry of Health

improve First Nations health status

eliminate health disparities

Strategic direction 1:

Restore First Nations community-based health and wellness systems

Strategic Direction 2:

Establish a “middle ground” for engagement between mainstream and First Nations systems and worldviews

Strategic direction 3:

Transforming mainstream health service delivery to be culturally responsive

## Strategic Direction 1:

Revitalize First Nations languages

Teach traditional health practices and medicines

Restore First Nations ceremonies as the source of education and health in First Nations communities

# Ethical Space



- Recognizes value of humanity
- Humanizes the institutional / systems order
- Uses language of possibility
- Sees parity in thought
- Is a framework



# Ethical Space



- Need to affirm the space (intent)
- Relationships are key (spiritual infusion)
- Dialogue, a conversation among equals (practice)
- Outside the box: Create new thought (possibility)
- New workforce - architects of group genius
- Work as catalyst to develop higher humanity

# RULES OF ENGAGEMENT

Aboriginal and Treaty Rights

Section 35 Constitution Act 1982

Treaty

UN Declaration of Indigenous Rights

Duty to Consult

Honor of the Crown

## SECTION 35 Constitution Act 1982

### Treaty and Aboriginal Rights

Predicated on Indigenous knowledge

Need to be defined by Indigenous mind

# STATEMENT

UNSURE BEGINNINGS

HEALING LODGE

ONE MEDICINE LADY

TRAINING

MEDICINAL PLANTS

HARVESTING

TRADITIONAL HEALING CLINICS

PHARMACY

ETHICS AND PROTOCOL

RESEARCH

MENTAL HEALTH

ELDERS

MIDWIFERY

RESEARCH

“Our minds come from a long way.”









# WITHIN THE CONTEXT OF FIRST NATIONS HEALTH

“Inherent rights” are given by the Creator – not parliament of Canada

Values - healthiness, children’s future

Practices – caring, traditional foods

Customs – health seeking lifestyle

Lands – to engage with land for health

Language - to talk to and name the land

Resources – to know the plant medicines

Culture – to have a knowledgeable community

Knowledge – To have knowledge of humanity



# Traditional Health

- Based on ancestral knowledge of health and healing
- Looks within the person, family, community
- Traditional health and healing is based on a holistic approach which pay attention to interconnecting modes of mind, body, emotions, and spirit
- Post colonial models of health and healing

CREE CREATION NARRATIVE

REVIVAL OF ANCIENT CEREMONIES

TRADITIONAL SACRED SONGS HAVE COME HOME

OUR TRADITIONAL LANDS HAVE RICH  
GROWTH

PEOPLE ENCOUNTERING THEMSELVES

LAST RESORT FOR MANY PEOPLE

ON AND ON THE STORY GOES

NOW WHAT?

# BACK BONE...

TRADITIONAL HEALTH CLINICS

MEDICINAL PLANT KNOWLEDGE

EDUCATIONAL PROGRAM FOR  
STUDENTS – Medicine Camp

PROGRAM DEVELOPMENT and  
WORKSHOPS

PHARMACY

STRATEGIC PLAN – INTEGRATION OF  
PRACTICES

## TREATY SIX CLAUSE:

That a medicine chest shall be kept at the home of each Indian Agent for the use and benefit of the Indians at the direction of such agent

Traditional health medicines

Treaty and Aboriginal rights

asserting of inherent rights

brings our students out on the land

To protect the land and its living entities.



Work with our healing ways, our medicines, our memory.  
I K lies in the minds, hearts, in our beings, in our  
communities, our own people, our ancestors





# Mobilize the young mind



IT IS THE MOTHERS, NOT THE WARRIORS THAT CREATE A  
PEOPLE  
AND GUIDE THEIR DESTINY

