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◦ • Creating Harmony in
Kidney and Diabetes Care
with
Indigenous Communities

The Project Creation Journey in Images

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Indigenous Primary Health Care Policy Research Network

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INDIGENOUS HEALTH

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SCN

INDIGENOUS WAYS OF KNOWING

WESTERN MAINSTREAM

STRENGTHEN SPIRIT



AMPUTATIONS
UNITY

CONCEPTS AND LEADERS



PATHWAYS
WISDOM COUNCIL

SACRED CEREMONY



BLACKFOOT
CREE
DENE



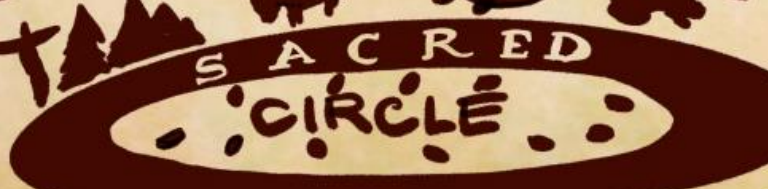
CO CREATION



TEACHING LIFE

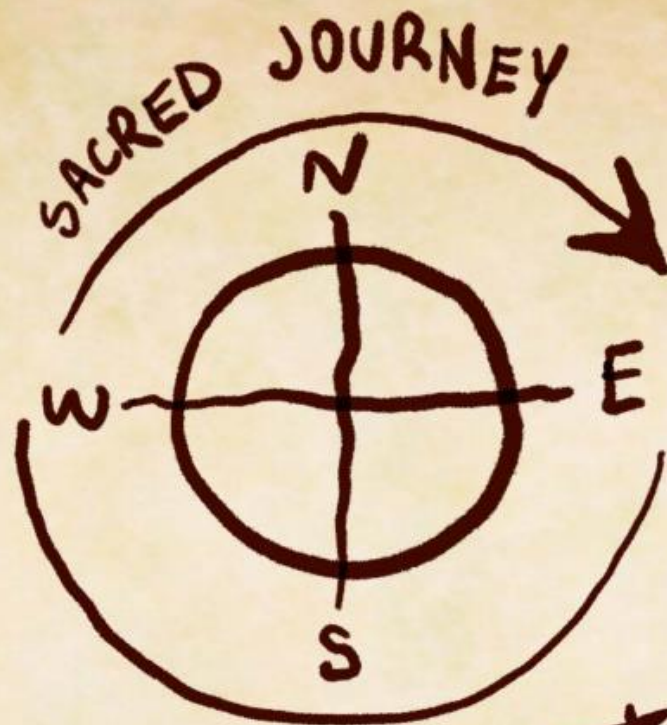
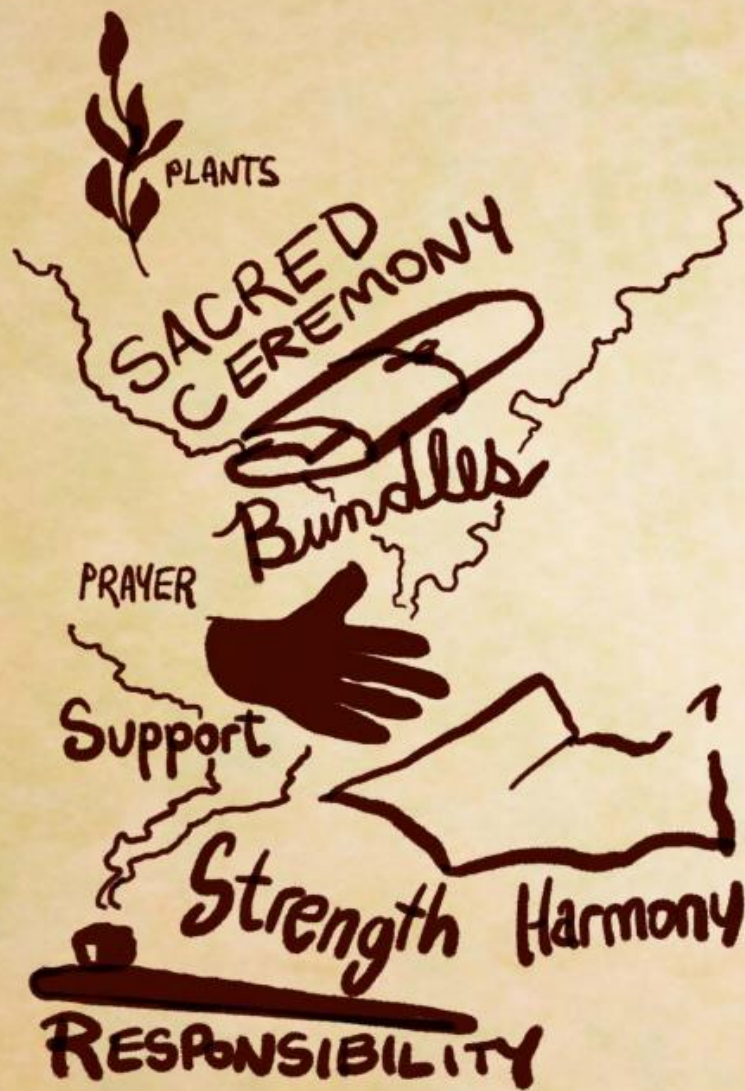


Strength Harmony



CARING

RESPONSIBILITY MEDICINE MANY BUNDLES



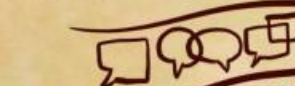
LISTENING BACK FOR SEPARATE SLIDES

LENE
DIABETES / OBESITY / NUTRITION
SCN FOOTCARE
PATHWAY

Customized
APPROACH
FOR EACH COMMUNITY



COMMON



SPECIFIC



SACRED
ITEMS
INSIDE



MEANING OF BUNDLES

- SACRED
- SOCIETY
- RULES
- PROTOCOL

AND
BEST
SPIRIT
NATION

TYPES OF BUNDLES

BUNDLES

JOURNEY

- CEREMONIES
- BLACKFOOT NAME
- PERSONAL BUNDLE
- GIFTS
- KNOWLEDGE
- RIGHTS
- RESPONSIBILITIES
- OBLIGATIONS

PRAYERS
SACRED PLANTS

STRENGTH GUIDANCE
PIPE DUTY/HONOR
CARRIER

PROTOCOL

DIFFERENT BUNDLES FOR JOURNEY

Purpose



- STORY
- RATTLE
- PLANTS / MEDICINES
- CEREMONIES
- MUSIC / SONG / DANCE
- PIPES
- DRUMS

SPRIT



DEPLETED SPIRIT
AMPUTATIONS



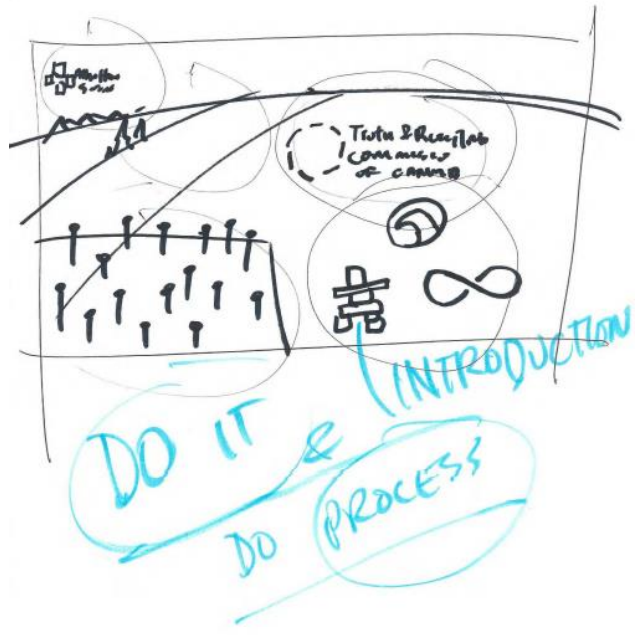
MIND
BODY
SPIRIT
MOTION

STRENGTHENED SPIRIT



WHAT IS
IN YOUR
BUNDLE?

JOURNEY OF HEALING



Alberta Health Services has travelled well along the path to make a difference in health outcomes for Indigenous Peoples in Alberta. We have adopted the Truth and Reconciliation Calls to Action, made Indigenous Awareness & Sensitivity Training mandatory, and we have created an Indigenous Health Strategy.

But we have a long way to go before we eliminate disparities in health outcomes between Indigenous peoples and mainstream Albertans. This is especially true when it comes to diabetes:

- Almost 15% of First Nations peoples in Alberta have diabetes compared to only 7% for non-First Nations Albertans.
- Lower limb amputations and kidney dialysis rates are 3 times higher and
- Alarming, determinants of health, such as poverty, barriers to access healthcare, inferior food supply, and a lack of clean running water often result in earlier onset of chronic conditions, such as diabetes, and a quicker progression to severe health outcomes.

And we hear stories such as "It is one thing to have one leg broken. It is another to have it broken wide open as in mine. I see the people in my community die from diabetes complications. And from an Elder who said: "When I lost my limb to diabetes complications, I lost my spirit as well."

Our project is intended to create Harmony in Diabetes Care with Indigenous communities. By establishing trusting relationships in communities with high diabetes prevalence, we will jointly braid together:

- evidence-based diabetes care with CARE BUNDLE
 - culturally relevant practices, that are both traditional and non-traditional, and focus on addressing the role of the determinants of health
- The braid will also include the healing factors that already exist within the community and the person living with diabetes.

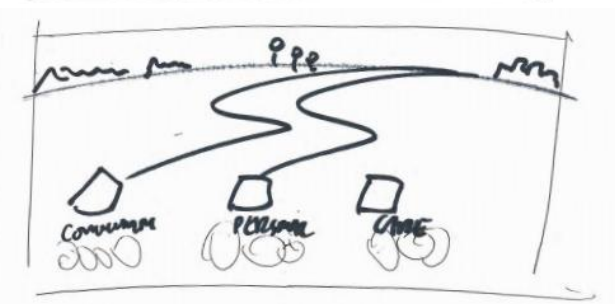
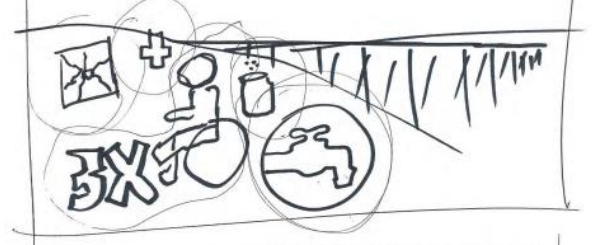
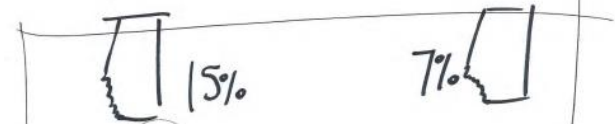
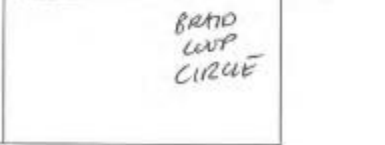
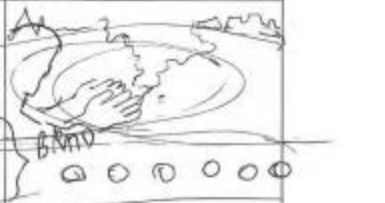
The braiding, or co-design, will be collaboratively done including groups such as zone coordinators, SCNs, the Provincial Indigenous Health Network Hub, as well as Primary Care, FN Inuit Health Branch, Métis Nation of Alberta, and university partners.

We intend to develop 3 "bundles" in rural, remote and urban Indigenous communities. Bundles are sacred and can represent healing and protection, and serve as a guide to live a healthy life.

- These 3 bundles are:
- A 'community bundle' that will include the beliefs, the traditions, the knowledge and the tools available in the community to help care for members living with diabetes.
 - The 'personal bundle' is specific for the individual and intended to support that person live a good life with diabetes.
 - A 'care bundle' will be founded in evidence-based diabetes care and practices.

Ultimately creating harmony in diabetes care in the community, within the health care system and for individuals.

Don't add to much!
 -Indigenous Awareness & Sensitivity Training
 -AIQ Health Plan & Business Plan
 -New Indigenous Health Action Plan
 -AIQ Transformational Roadmap
 -AIQ Integrated Approach to Indigenous Health Planning
 -AIQ Guide to Tool/Know/Protocol
 -AIQ Indigenous Health Strategy





15%

First Nations

Diabetes

7%

Non-First Nations



3X



15%

Diabetes

7%

First Nations

Non-First Nations



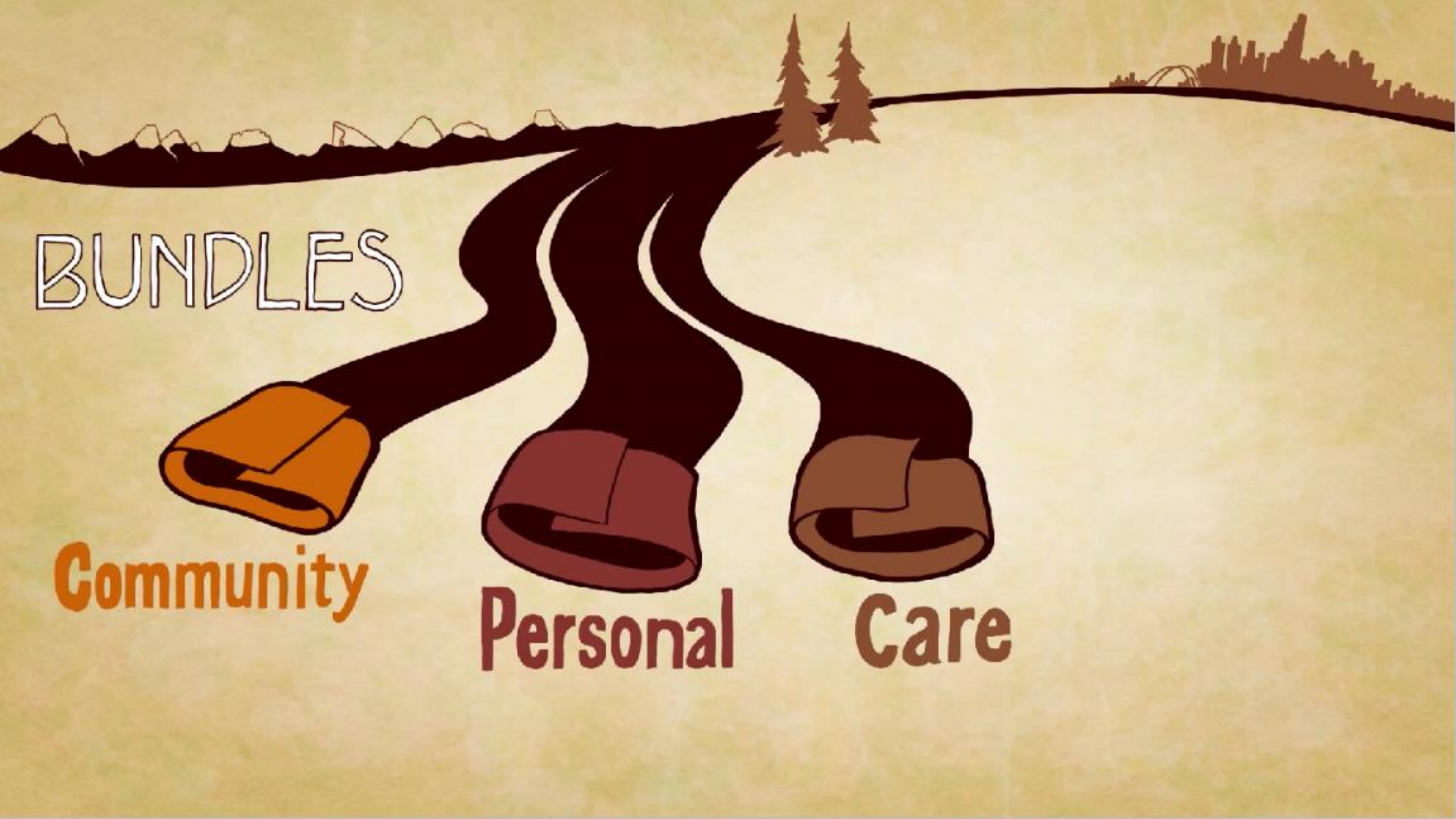


BUNDLES

Community

Personal

Care





SACRED
BUNDLE



Precision Medicine