

Bringing Life to Liver Wellness Through Wisdom Seeking Conversations: Conceptualizations of Liver Health with Indigenous Communities

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A collection of traditional Indigenous artifacts is displayed against a black background. In the upper left, a portion of a woven basket is visible, featuring intricate patterns of red, yellow, and black threads, with small floral and bird-like motifs. To its right is a shallow, circular bowl made of animal skin, filled with dried sage leaves. A bundle of sticks, tied with red and white string, is attached to the side of the bowl. In the foreground, a large, dark brown feather with a white base is positioned horizontally. To the right of the feather, a small, decorative object with a beaded pattern of red, yellow, and white is visible. The text is overlaid in the center of the image.

**Land Acknowledgement and Gratefulness to the
traditional territories of Treaty 7; Blackfoot Confederacy,
Tsuut'ina First Nation, Stoney Nakoda Nation, Métis
Nation of Alberta, Region 3**



Wellbeing & Wellness

Looking back to move forward





Colonial Impacts to Health

A photograph of several birch trees with white bark and dark lenticels. The bark is peeling in several places, revealing a darker inner layer. In the background, a white teepee is visible, set up in a grassy field. The sky is blue with some dark clouds. The overall scene is outdoors and appears to be a natural setting.

Wisdom Seeking & Healing Approaches

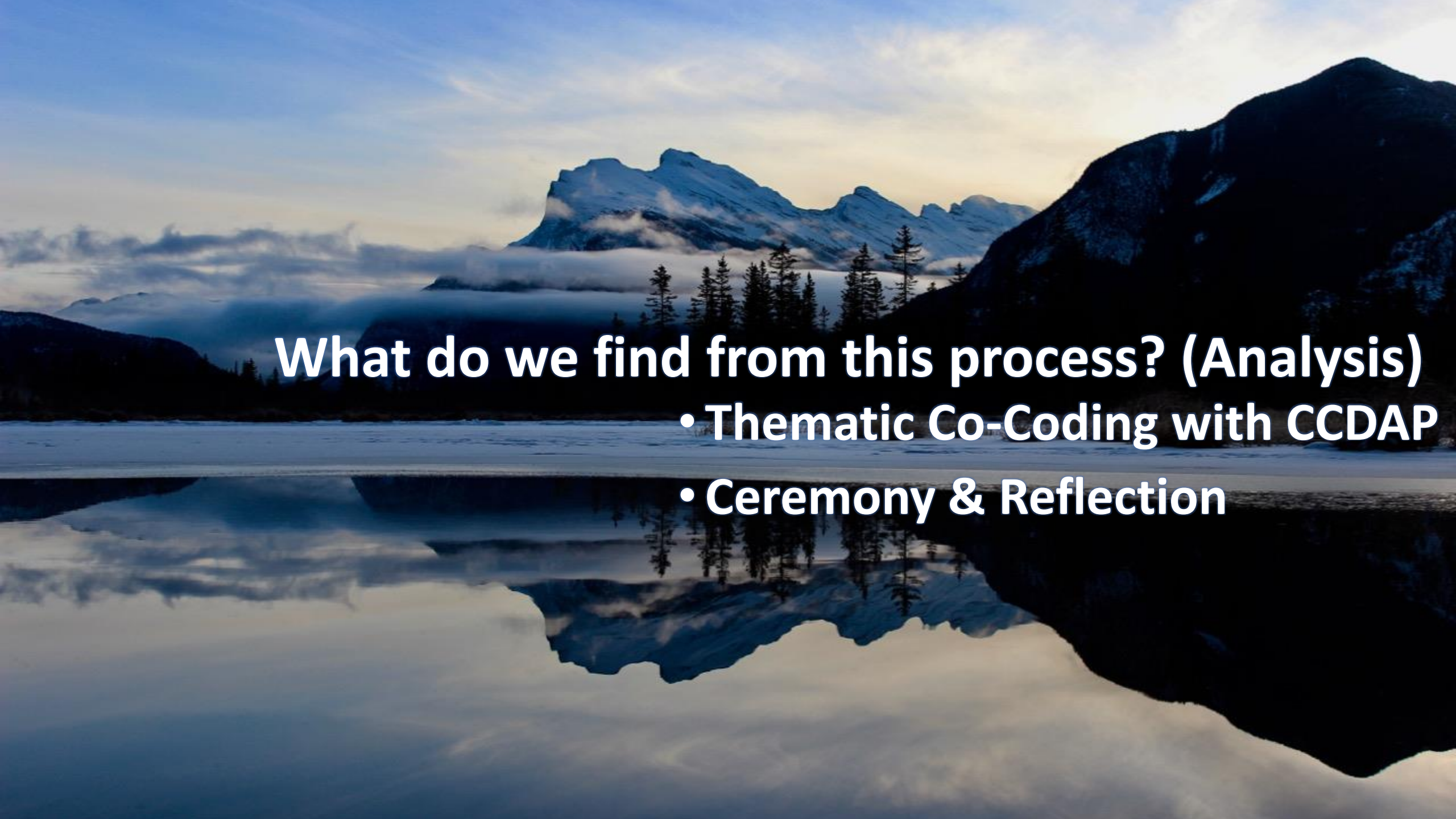


How can we approach this?
(Methodologies)



How do we do this (Methods)

- Narrative Inquiry
- Two-Eyed Seeing
- Relationship, Culture & Ceremony



What do we find from this process? (Analysis)

- **Thematic Co-Coding with CCDAP**
- **Ceremony & Reflection**



**What is the impact?
Positive Change**



Reflecting

Thank you for sharing in the Journey

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